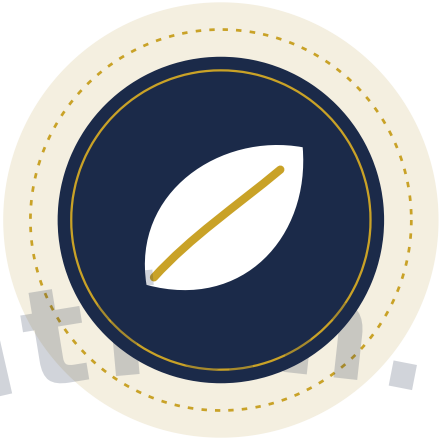

Skincare & Self-care Planner

Small daily habits, a glow that lasts

Name _____

Year _____

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Morning & Evening Routine

Month _____

Step	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
AM: Cleanse																															
AM: Moisturise																															
AM: Sunscreen																															
PM: Cleanse																															
PM: Treatment																															
PM: Moisturise																															
Water 8 cups																															
Sleep 7h+																															

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Morning & Evening Routine

Month _____

Step	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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